

PRINCIPLES AND PROGRAMMES OF MAHARISHI STHAPATYA VEDASM ARCHITECTURE IN HARMONY WITH NATURAL LAW

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Creating a New Quality of Life through Fortune-Creating Homes, Offices and Communities

The knowledge of architecture and building in accordance with Natural Law has recently been brought to light by His Holiness Maharishi Mahesh Yogi from the Vedic Tradition of India—the eternal tradition of Total Natural Law. This complete system of building *fortune-creating* homes, offices and communities is known as *Maharishi Sthapatya VedaSM Design*.

Maharishi Sthapatya Veda is architecture and planning that is fundamentally in harmony with all the laws of nature governing our lives and the life of the whole cosmos. The *Sanskrit* word *sthapan* means to establish, and *Veda* means knowledge, so *Maharishi Sthapatya Veda* is the knowledge of how to establish life in full accord with Natural Law.



Figure 1:
The individual is cosmic in nature

The purpose of *Maharishi Sthapatya Veda—Vastu Vidya*—is to maintain individual life in harmony with Cosmic Life, individual intelligence in tune with cosmic intelligence. This is accomplished by using principles of architecture whereby the structuring dynamics of the building favorably influence the behavioral dynamics of the occupants.

Maharishi Sthapatya VedaSM Architecture is a complete system of architecture and planning according to the solar, lunar, and planetary influences on the earth with reference to North and South Poles and the equator. The strongest influence of Natural Law on earth comes from the sun. On its path from east to west, the sun radiates different qualities of energy. These energies, as they reach different parts of a home or building during different times of the day, should support the specific activities performed within those rooms, so that the influence of Natural Law from the sun is always supportive to every aspect of our daily activity.

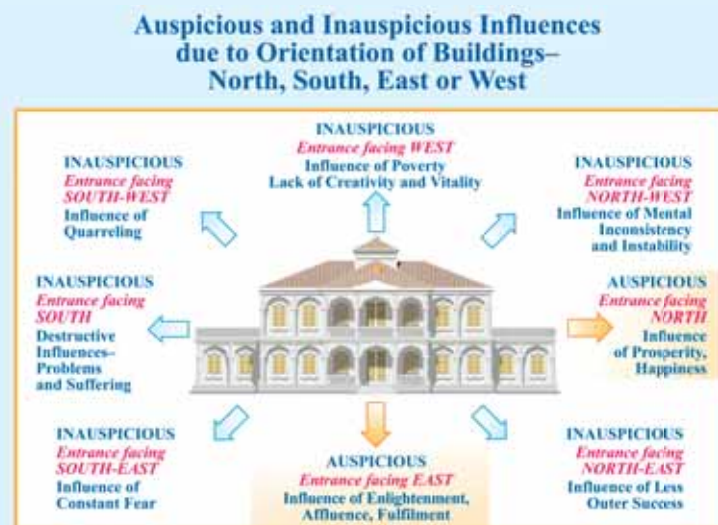
For instance the kitchen should be in the southeast where the *Agni* or fire element is

greatest; the master bedroom in the southwest, the commanding point of the house; the living room in the west and guest rooms in the northwest. The meditation room should always be in the northeast, the place of silence. Bedrooms for the children, the home office, the swimming pool, etc., are all specifically placed such that each and every room and the activity performed there is maximally supportive to the occupant. So *Vastu* is that particular design and structure of a building that gives proper orientation to the house and distribution of rooms within it to take advantage of the movement of the sun as expressed above.

The Effects of not following Vastu

Today, people do not know that many misfortunes and even diseases arise from lack of proper orientation of their houses and offices. Only a properly orientated home according to *Maharishi Sthapatya Veda* can save the individual from being affected by the disharmonious influences of the surroundings.

Figure 2:



This is the broad information offered by the ancient Vedic Architecture and everyone is invited to verify the correctness of his home and his working place

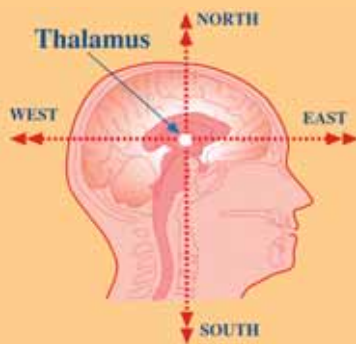
The location of the entrance to the house is a very important part of its Maharishi Sthapatya Veda design. For example, the main entrance of the building should always be facing due East, or secondarily, the North. Other entrances produce unfavorable influences for the occupants.

Wrongly placed entrances may contribute to:

- Destruction of the family, accidents, restlessness
- Aggressions, constant fear, quarreling, poverty, ill health
- Lack of vitality, lack of creativity and no success
- Chronic diseases, problems in private and professional life

Anyone can verify the truth of the principle of auspicious *Vastu* by taking the map of any city and looking at the direction of the roads. Wherever the entrance of any building is in the East, the residents enjoy better health, increasing prosperity, and harmonious relations with others; but wherever houses are facing south or west the opposite is the result.

Scientific Principles Confirming the Need for Proper Orientation of Buildings



Recent research in modern science has now confirmed the ancient understanding that our brain is sensitive to orientation, position, and direction in space. This research has shown that the firing patterns of neurons in the thalamus of the brain are altered by the direction one is facing. When one is facing East, the brain physiology functions differently than facing North, South, or West.

*Figure 3:
The effect of orientation on Brain Functioning*

The conclusion is that the power of thoughts and the quality of thoughts is influenced by the direction one is facing. One's sense of direction gets confused in daily life when one lives in a building with wrong orientation, resulting in potential physiological, psychological and behavioral imbalances and strain.

The Effect of Maharishi Sthapatya Veda on Government and Society

The influence of Maharishi Sthapatya Veda is not limited to the individual. The general trend of governmental problems and inefficiencies is in part due to activities conducted from wrongly oriented administrative buildings. The same is true for national economic imbalances and deficiencies.

Most of today's government buildings were built long ago when this knowledge of proper orientation was not widely known in the world. Immediate improvements in national administration could be realized if the government ruled from proper Vastu. Immediate and significant decreases in inefficient performance, economic instability, ill health, negativity, conflicts, cruelty, and crime in the life of individuals and society will all come about when the life of the nation is administered from buildings with correct orientation.

Ideal Vedic Community and City Planning: Construction of Peace Colonies with Fortune-Creating Homes

The positive effects of a Maharishi Sthapatya Veda home or office are greatly enhanced when the entire community or city is properly planned in accord with Natural Law. In an ideal community, with Vedic planning, all roads are lined up North-South, East-West around a central square, or *Brahmasthan*, which is a center point of silence. Such a layout automatically creates order, coherence and support of Natural Law to every citizen and to the community as a whole.

Modern architecture and city planning does not have this knowledge of orientation. Buildings are facing any direction. From eight possible directions, only two directions—East and North—produce auspicious results. This means that in a modern city, as

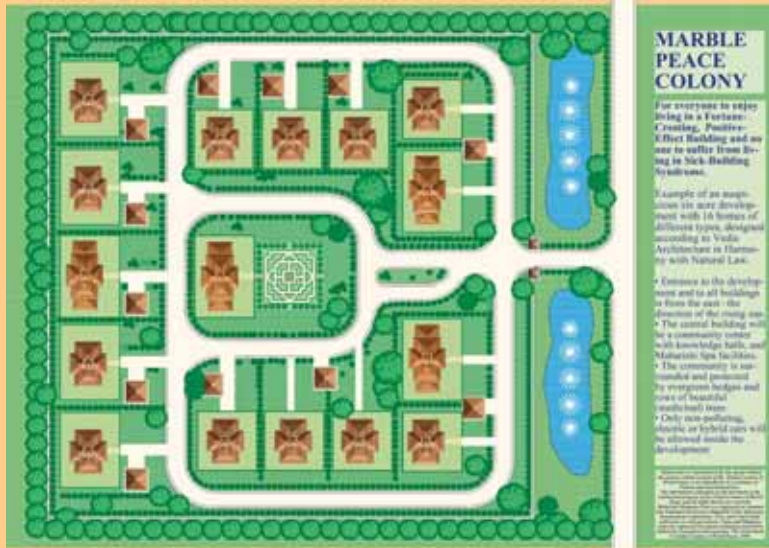


Figure 4:
Ideal Vedic Community and City Planning

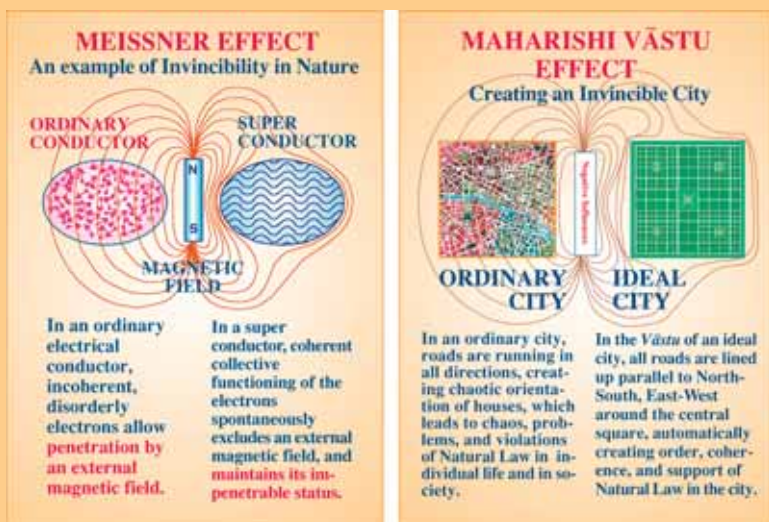
illustrated by this drawing of London below, about 75% of all buildings have inauspicious orientation contributing to the sick-building syndrome. This could further be aggravated by negative effects from inauspicious qualities of the site, inauspicious slope and shape, inauspicious placement of water bodies as well as many other factors. This causes a cloud of social stress and tension hovering over the city,

which will eventually reach the breaking point and result in crime, terrorism and even natural disasters. Therefore a great deal of all problems in society can be alleviated by planning and constructing in harmony with Natural Law.

Figure 5:
The Inauspicious street layout of London



The orderliness and coherence of Maharishi Sthapatya Veda city planning provides a natural protection from disruptive outside influences for everyone in the city. This principle is called the Maharishi Vastu Effect, which has its direct correspondence in the principle from quantum physics known as the Meissner Effect. As illustrated in the adjacent



figure, any city or community properly designed in accordance with Vastu will be protected from outside negative influences and enjoy a positive influence of invincibility for the whole city. This knowledge of Vedic Architecture is the knowledge that is being applied to build Maharishi Peace Colonies and Maharishi

Figure 6:
Invincibility Created from Coherent Systems in Physics and in Society

Universities and Schools in every major city of the world. Those who would like to prevent problems in their daily life are welcome to order their fortune-creating home in one of these Peace Colonies and educate their children in a Maharishi school. We want to create a new quality of life, and for that a new building style based on Natural Law is necessary—a system which is always evolutionary and nourishing for everyone.

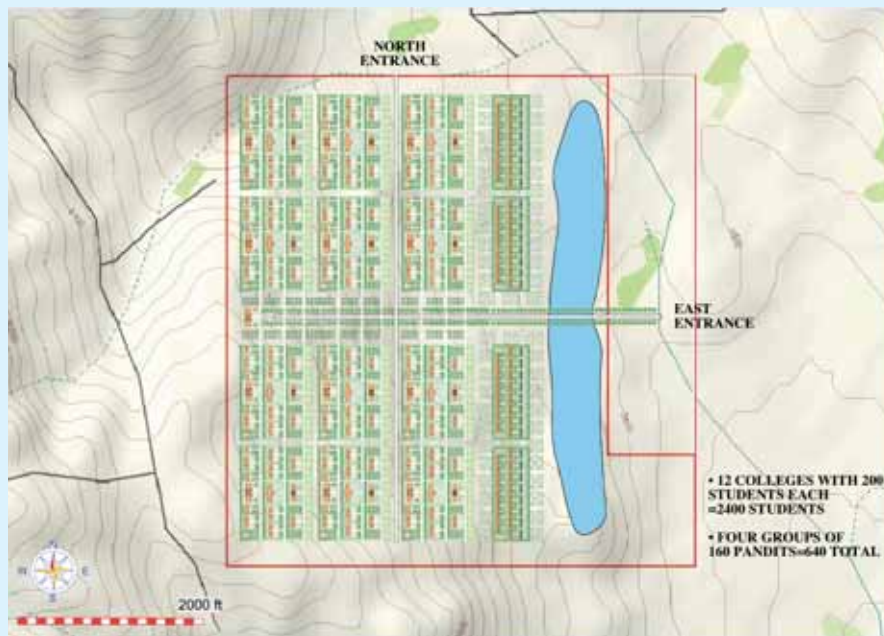


Figure 7:
Maharishi Colleges of Vedic Medicine and Vedic Organic Agriculture

Because the individual is fundamentally cosmic, everything about individual life should be in full harmony with cosmic life. Maharishi Sthapatya Veda gives dimensions, formulas, and orientation to buildings that will provide cosmic harmony and support to the individual for his peace, prosperity, and good health—daily life in accord with Natural Law, daily life in the evolutionary direction.” —Maharishi

For more information on Maharishi Sthapatya Veda and on building fortune-creating homes, offices and communities, please contact the Maharishi Sthapatya Veda office in Ramona, California, at 760-788-5919, or by email, VedicAmericaSW@globalcountry.net, or visit our website at <http://www.sthapatyaveda.com>.