

Research Publications on the Transcendental Meditation and TM-Sidhi Programme Bibliography 1970–2017*

This bibliography lists 404 original studies and reviews of research published in independent peer-reviewed journals or other edited scientific publications. A small number of these publications examine a comprehensive multimodal approach to health that includes Transcendental Meditation.

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* Compiled by Dr Roger Chalmers, MRCP(UK) MRCGP DRCOG

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