### His Holiness Maharishi Mahesh Yogi

### **Fifty Years of Global Achievements**

### **Maharishi's Educational Institutions and Programmes**

Over the past fifty years His Holiness Maharishi Mahesh Yogi has established a global network of universities, schools, colleges, and teaching centres throughout the world. These institutions offer a system of complete education to develop the full potential of human consciousness, as the basis for improving every area of life of the individual and society.

Maharishi has provided the knowledge and inspiration for the wide range of courses and programmes that are offered throughout the world. Maharishi's inspiring and scientifically validated knowledge has brought leaders of many areas of society to introduce these programmes in their own countries. Maharishi's name is used to identify the different programmes originating from this body of knowledge and scientific investigation.

The educational, health, and social welfare programmes of Maharishi's Global Movement have led to the creation of a Global Country of World Peace, encompassing all peace-loving nations and people of the world.

This information is designed to expand on the history, activities and structure of the Global Country of World Peace and its subsidiary organizations, which have been teaching Maharishi's educational programmes throughout the world for the past fifty years. A major focus of the Global Country of World Peace is to hold World Peace Parliaments to promote the training of peace-creating experts for 3,000 Peace Palaces and the organic agriculture-based Poverty Removal Programme throughout the world.

The Global Country of World Peace was inaugurated by His Holiness Maharishi Mahesh Yogi on 7 October 2000. It has come about as the result of the success of Maharishi's worldwide Transcendental Meditation Movement, which was established in 1957. The Movement organizations with over 1,200 teaching centres in about 120 countries generally have a charitable non-profit status in those countries.

Professor Tony Nader, MD, PhD, was crowned as His Majesty Raja Nader Raam, first ruler of the Global Country of World Peace (see page 14 below). Dr Nader received his weight in gold from Maharishi University of Management, the Netherlands (1998), for his world-transforming scientific discovery in the field of physiology that every individual is cosmic; that the structure and function of every individual's anatomy

contains the totality of Natural Law, expressed in the oldest record of human experience, the forty aspects of Veda and Vedic Literature, as brought to light by Maharishi to actualise this cosmic potential in the life of any individual, any nation and in the world as a whole.

His Majesty Raja Nader Raam is now establishing a global administration through Natural Law to support every government in the world to create problem-free, prevention-oriented administration in their country, so that every nation enjoys real sovereignty in invincibility and the whole family of nations lives in perpetual peace and prosperity.

Following is a glimpse of just some of Maharishi's achievements and the institutions he has founded.

# • Over 5 million people have participated in Maharishi's educational programmes

Over five million people throughout the world have participated in Maharishi's educational programmes, including the Transcendental Meditation programme, which is a simple, natural procedure for systematically developing the full potential of human consciousness, as the basis for improving every area of life of the individual and society. Over the past fifty years more than 1,200 educational centres have been established in 100 countries and approximately 20,000 teachers of Maharishi's educational programmes have been trained worldwide.

# • Scientific research in thirty countries shows benefits in all areas of life from educational programmes

Over the past 35 years, more than 600 scientific research studies on Maharishi's educational programmes, including the Transcendental Meditation and Transcendental Meditation Sidhi Programme, have been conducted at more than 200 independent universities and research institutions in 33 countries, such as UCLA, Yale, Stanford, MIT, Harvard, Cornell and York Universities.

Many of these studies have been published in leading peer-reviewed scientific journals around the world, such as *Science*, *Scientific American*, the *Lancet*, *International Journal of Neuroscience*, *Academy of Management Journal* and *Journal of Conflict Resolution*.

This research has demonstrated that Maharishi's educational programmes for development of human consciousness have profound benefits in all fields of life—health, education, administration, defence, business and industry, criminal reha-

bilitation, crime prevention and world peace. Some of the scientific findings include:

**In education**: Increased orderliness of brain functioning, increased creativity and intelligence, improved memory, better academic performance, reduced anxiety, and improvements in moral reasoning and in self-development.

**In health**: reduced stress and anxiety, reduction of high cholesterol and high blood pressure, decreased hypertension and reduced risk of cardiovascular disease, decreased use of alcohol and cigarettes, decreased insomnia.

**In business and industry**: increased creativity and productivity, increased job satisfaction and improved job performance.

In crime prevention: reduced crime rates.

**In criminal rehabilitation**: positive changes in health, personality development, behavior, and reduced recidivism (lower return to prison) among inmates.

**In world peace**: decreased terrorism, decreased international conflicts, improved relations between nations.

### • Government Proclamations recognize Maharishi's unique contribution to improving quality of life for individual and society

Many city, state and national governments have issued proclamations throughout the world recognizing Maharishi's profound contribution to improving the quality of life of the individual and society.

### • 340 schools, colleges and universities established in 16 countries

Over the past fifty years 340 schools, colleges, and universities have been established in sixteen countries with over 175,000 students currently enrolled. These institutions offer primary, secondary, undergraduate, and graduate degree programmes and utilize Maharishi's unique and innovative educational curriculum that integrate the disciplines of modern science, arts and humanities together with Maharishi's Vedic Science of Consciousness-the Transcendental Meditation and the Transcendental Meditation Sidhi Programmes.

### • University in United States accredited to the PhD level

Maharishi University of Management, a private, nonsectarian, coeducational university is accredited at the doctoral level by the Commission on Higher Education of the North Central Association of Colleges and Schools, the oldest and largest accrediting body in the United States.

Established in 1971 and located in Fairfield, Iowa, the University offers undergraduate

and graduate degree programmes in the sciences, arts, and humanities as well as professional fields such as management, computer sciences, engineering, environmental science. and Maharishi Vedic science. The University has attracted students from over ninety countries and had students from sixty countries represented last year. Since it's founding it has graduated more than 6,000 students. (See website <u>www.mum.edu</u> for further information)

Maharishi University of Management has been authorized to offer its MBA and Computer Science programmes at the Master's and Bachelor's levels via distance education anywhere in the world. The MBA is currently offered at affiliated campuses in five locations outside the USA, including India and China (see below).

# • Maharishi's Vedic Science of Consciousness receives undergraduate and graduate degree status

In 1983, Maharishi's Vedic Science of Consciousness-the Science of Creative Intelligence-received undergraduate and graduate level degree status from the Commission on Higher Education of the North Central Association of Colleges and Schools in the United States. Maharishi's Vedic Science of Consciousness offers both theoretical and practical knowledge of the full range of human consciousness and provides the practical technology for developing the infinite creative potential of consciousness within everyone.

### • Internationally recognized research institute - \$30 million in research grants

Maharishi University of Management has become an internationally recognized research institution, attracting nearly \$30 million USD in grant funding from the US Government and from private foundations (see examples below). University faculty from all departments have published nearly 300 articles in approximately 100 books, scholarly or peer-reviewed journals, or as book chapters.

### • Examples of grants—better cardiovascular health and cancer treatment

**Medicine for Minorities**: On 30 September 1999, the prestigious National Institutes of Health in the USA awarded a grant of nearly 8 million USD to the College of Maharishi Vedic Medicine at the Maharishi University of Management, USA, to establish the Centre for Natural Medicine and Prevention, the first research centre in the country specializing in natural preventive medicine for minorities.

**Cardiovascular Health**: The Centre for Natural Medicine and Prevention, in cooperation with a major Los Angeles medical centre, received a grant of 1.1 million USD in October, 1999, from the National Institutes of Health to investigate how the Transcendental Meditation Technique works physiologically to prevent heart disease. The project demonstrated how changes in the nervous system in Transcendental Meditation Programme participants cause or contribute to improvement in heart and blood vessels function.

**Breast Cancer**: A major US medical centre and the Centre for Natural Medicine and Prevention were awarded jointly by a private foundation nearly \$500,000 USD in 1999 to support research on the effects of the Transcendental Meditation technique on the quality and length of life in older women with advanced breast cancer.

## • Chinese University invites Maharishi University of Management to offer its business administration programme

Maharishi University of Management (MUM) operates a Chinese government recognized and US accredited international site in Beijing on the campus of Capital University of Economics and Business in its Overseas Chinese College. The collaboration with Capital University provides for MUM to offer its Bachelors in Business Administration degree programme to Capital's electing students. Currently over 400 Chinese students are enrolled in this track, which is taught by the management faculty of M.U.M. The University has had this successful Beijing site programme operating for the last four years.

## • Award winning school provides model for other schools and solutions to problems in education

Maharishi School of the Age of Enlightenment, located in Fairfield, Iowa, was founded in 1974 to bring Consciousness-Based<sup>SM</sup> education to children from preschool to 12th grade. It has an average annual enrollment of 800 students. With an open enrollment policy and a student body from a broad socioeconomic background, grades 9-12 consistently score in the 99th percentile on standardized tests year after year, and over the past five years the school has averaged about ten times the national average for National Merit Scholar Finalists. About 95% of the graduates are accepted at four-year colleges and universities.

Over the past decade Maharishi School students have won more than seventy state, national and international titles in such diverse areas as science, speech, drama, writing, poetry, spelling, art, photography, history, mathematics, chess, Destination ImagiNation, tennis, golf, and track. In addition, they have demonstrated their desire to help others in society, for example by founding the student organization End School Violence Now and the Students Creating Peace Network.

Accreditation for preschool through 12th grade was granted by the Independent Schools Association of the Central States (ISACS) in 1986. College Preparatory status was granted by the Iowa Department of Education for grades 7 through 12 in 1987.

Maharishi School is one of only four schools in the state of Iowa to have this status, which is granted on the basis of the number of graduates accepted to accredited fouryear colleges.

The school now serves as a model and inspiration for similar institutions around the world and a source of curricula and faculty training materials. The Chelsea School in Silver Spring, Maryland and the Nataki Talibah Schoolhouse in Detroit are just two of the schools that have utilized Maharishi Schools' educational programmes with great success in improving student performance and quality of life.

(See website <u>www.maharishischooliowa.org</u> for more details)

### • Indian management institute provides Maharishi's Vedic Management

Maharishi Institute of Management founded in 1995 offers bachelor and postgraduate courses in Management and Computer Science Courses- BBA (Bachelor of Business Administration, BCA (Bachelor of Computer Application), MBA, MCA, MCM (Masters in Computer Management), PGDBA (Post Graduate Diploma in Business Administration). These courses are approved by respective universities in their area and AICTE (All India Council for Technical Education). The uniqueness of this management institute is that, in addition to the study of modern business administration, students also study Vedic management, which is the study of how Nature's Intelligence manages the ever-expanding universe. Through Vedic management students develop the full potential of their intelligence - the ability to harness the infinite organizing power of Nature's Intelligence within their own consciousness and apply it for problem-free management in business and administration. Since its' inception MIM has graduated more than 800 students and has a current enrollment of 500 students in seven campuses located in Bangalore, Bhopal, Indore, Hyderabad, Chennai and Maharishi Nagar (NOIDA, Near Delhi). (See website www.maharishiinstituteofmanagement.com for further information)

### • University of Management established in India – 2,000 students

Maharishi University of Management and Technology was established by an Act of the Legislative Assembly of Chhattisgarh State in 2003. The university has four regular campuses at Raipur, Bilaspur, Raigarh and Durg. MUMT offers graduate and postgraduate courses in Management, Computer Science, and Commerce. At present the university has over 2000 students. The university has all approvals from state government and is under process of getting registered in the list of universities recognized by the UGC. (See website: <u>www.mumt.com</u> for further information)

### • Maharishi restores ancient Vedic Science to create a problem-free world

Over the course of fifty years Maharishi has completely restored the thousands-ofyears-old scattered Vedic Literature for the total significance of its theory and practice, and has organized it in the form of a complete science of life, capable of raising the life of the individual and society out of problems and suffering. Maharishi's Vedic Science and Technology, is the complete science and technology of consciousness, the science and technology of Total Natural Law, which is seated in the Transcendental Consciousness of everyone. Maharishi Vedic Science and Technology systematically develops the total potential of human consciousness- the cosmic potential of every individual, so that everyone can live free of mistakes and problems, in complete harmony with Natural Law - the Will of God. Vedic Science and Technology is comprised of 40 different disciplines that apply Total Natural Law in all areas of human life including: education, health, agriculture, medicine, architecture, arts and music, administration and defence.

# • Maharishi Vedic University, India established by unanimous Act of Legislative Assembly

Maharishi Mahesh Yogi Vedic University was established in 1995 by a unanimous Act of the Legislative Assembly of Madhya Pradesh and recognized by the University Grants Commission (UGC). This institution offers courses from Praveshika to Vidya Varadhi levels in the forty academic disciplines of Maharishi's Vedic Science and Technology.

### • Maharishi restores Vedic educational system in India

Maharishi Veda Vigyan Vidya Peeth established in 1985 offers traditional Vedic education – Vedic science and technology to students in campuses throughout India. MVVVP is widely recognized as the leading institution in India for the promotion and preservation of the ancient Vedic knowledge and culture of India.

### • Largest privately-owned school system in India – 100,000 students

Maharishi Vidya Mandir school system founded in 1987 is the largest privately-owned primary and secondary school system in India with more than 70,000 students in 100 branches. MVM's curriculum integrates the Central Board of Secondary Education Curriculum of India with Maharishi's consciousness-based educational system. (See website <u>www.maharishividyamandir.com</u> for further details)

### • Cambodia Government partners in the establishment of Maharishi University – 2,000 students graduate

Maharishi Vedic University was founded in 1993 through a joint venture of the Australian Aid for Cambodia Fund (AACF) and the Ministry of Education of the Royal Government of the Kingdom of Cambodia. It is part of the government network of higher education institutions and receives funding from the government, the World Bank, and the AACF. It offers bachelor degree programmes in agriculture and management and currently has 1,000 students in four campuses. Since it's founding the

university has graduated more than 2,000 students. (See website <u>www.aacf.ws</u> for further information)

# • Maharishi Open University establishes network of TV broadcast satellites and internet webcasts offering distance education worldwide

Maharishi Open University, established in the Netherlands in 1998, is a global university with courses transmitted in 18 languages via a network of television broadcast satellites and Internet webcasts to students, working adults and retired people all over the world. The University's courses have been delivered to more than 33,400 course participants in 97 countries on all continents. (See website <u>www.mou.org</u> for further information)

## • Maharishi restores Vedic system of health care and offers hope to failing modern system of medicine

Over the past fifty years Maharishi has brought to light the complete knowledge of how to maintain health and longevity from the ancient Vedic knowledge of health. Vedic medicine is the world's original health science and contains all knowledge for the prevention of illness, preservation of health and promotion of longevity. Maharishi has revived this complete system of natural medicine in his Vedic Approach to Health. Unlike modern medicine, Maharishi Vedic Medicine is free of the harmful side effects that allopathic drugs produce and offers effective knowledge and programmes for prevention and cure, so that everyone enjoys their birthright of perfect health.

### Health centres and clinics offer Vedic medicine in twenty countries

Fifty-five Health Centres and clinics have been established in twenty countries, offering Maharishi's Vedic Approach to Health, which provides a comprehensive system for prevention and cure of disease and preservation of health. Many of these clinics received the highest ratings for clinics or health spas in internationally circulated publications including *Millionaire, Time, Town & Country, Conde Nast Traveler*, and *Vogue*.

### Reduced health care costs

Findings from a Quebec, Canada study published in the *American Journal of Health Promotion* indicate that people who learn the Transcendental Meditation technique become healthier, as measured by reduced payments to physicians. These reductions, if applied on a national level to countries such as Canada and the United States, would correspond to savings of billions of dollars in health expenses.

Effective stress reduction can reduce the demand for health care. Excessive stress can

lead to high levels of cortisol and other neuromodulators that can impair both the cardiovascular and immune systems. This impairment increases vulnerability to numerous diseases. Conversely, elimination of stress significantly enhances health.

Comparative studies have found that the Transcendental Meditation technique is the most effective method of stress elimination. The Transcendental Meditation technique produces physiological and psychological effects that are the opposite of chronic stress. The physiological effects include:

- 1) lower baseline cortisol levels;
- 2) global reduction in somatic arousal;
- 3) increased stability of the autonomic nervous system;
- 4) reduced blood pressure (in both normal and hypertensive patients);
- 5) reduced cholesterol.

The Transcendental Meditation Technique also decreases unhealthy habits such as tobacco use, heavy alcohol usage and drug abuse, which are behavioural correlates of stress. These findings are important because in the United States alone, for example, half of all deaths and most disease have been attributed to such behavioural factors.

A study of health insurance statistics in the United States found that individuals practising Transcendental Meditation had lower medical utilization, as measured by fewer days in hospital and also less outpatient hospital visits. Clinically significant findings include:

87% less hospitalisation than norms for heart disease;

55% less hospitalisation than norms for cancer.

# • Corporate Development Programme implemented in leading corporations in the United States, Europe, Japan, and Australia

Maharishi Corporate Development Programme offers a uniquely effective approach to developing the most fundamental yet under-utilized resource of every business—human consciousness. This human resource development programme has been implemented in hundreds of companies worldwide, including Fortune 100 companies in the USA and leading firms in Asia, Japan, and Europe. It has been shown to be highly effective in improving employee health, creativity, satisfaction and productivity, while reducing and eliminating the detrimental effects of stress and fatigue.

Maharishi provides mayors with effective crime prevention programme

In 1974, research scientists discovered that when 1% of a cities population practices Transcendental Meditation it reduces societal tensions and stress in the collective consciousness of the city, as indicated by dramatic reductions in crime rates and other negative trends. With this finding, Maharishi has now provided the mayor and citizens of every city with an effective means to ensure that their cities are crime-free.

### • Maharishi's Programme for Criminal Rehabilitation taught to tens of thousands of prisoners in the correctional systems of many countries, including the United States, India, Brazil, Philippines and Senegal

Published studies on Maharishi's programme for criminal rehabilitation have demonstrated that it is one of the most successful programmes for effectively rehabilitating criminal offenders and thereby dramatically lowering recidivism rates.

An example of one of the recent projects of this programme: In 2001 in Geraldton, Western Australia, Magistrate Dr Michael King introduced a successful rehabilitation programme which offered the Transcendental Meditation Technique to offenders as part of a therapeutic jurisprudence-based problem-solving court programme. Results reported include improvements in the psychology and behaviour of all participants, including reduced stress levels and substance abuse and improved relations with family and the supervising community corrections officer.

## • Research institute becomes global leader in research in consciousness and optimizing brain functioning

Maharishi European Research University established in 1975 and in the Netherlands in 1985 is a graduate and post-graduate research institute. Since its founding MERU has become one of the leading institutions in the world conducting research in the field of consciousness. Some of the earliest research studies utilizing EEG to determine the parameters of higher states of consciousness were conducted by MERU scientists and published in leading scientific journals. In later research, utilizing 'brain mapping' technology, MERU scientists further identified the parameters of higher consciousness. Most recently, in collaboration with the Brain Research Institute of Maharishi University of Mangemnet in the United States, a 'Brain Report Card' has been developed that will allow educational institutions to measure the brain development of their students from implementation of Maharishi's Consciousness-Based—Total Knowledge-Based system of education.

MERU has also been on the forefront of interdisciplinary research into the unified basis of all scientific disciplines, that reveals how all knowledge is interconnected and has a common unified source in nature and in the self-referral transcendental consciousness of every student.

Other achievements of MERU scientists include the creation of an 'Ideal Society Index' and 'Invincibility Index' to help governments measure the socio-economic parameters for improvement of quality of life and creation of Invincibility in their countries, through the development of consciousness of their citizens. Since its founding, MERU has conducted advanced training courses for more than 10,000 research scientists in the field of consciousness from all parts of the world. (See website <u>www.meru.ch</u> for further information.)

### • Maharishi's Technology of Consciousness unlocks hidden reserves of brain

One of the most striking research projects conducted in collaboration with MERU, was a research study by Professor N.N. Lyubimov at the Brain Institute of the Russian Academy of Medical Sciences in Moscow in 1984. His research found that Transcendental Meditation allowed students to tap into hitherto unused, hidden reserves of the brain, thus optimizing brain functioning. The most underused natural resource of every nation is the unlimited creative potential of the consciousness of every citizen. Now with Maharishi's Vedic Science and Technology of Consciousness, this total potential of human consciousness can be full developed in every nation.

# • Yogic Flying, the most effective scientifically-proven programme for developing total brain functioning

In 1976 Maharishi introduced the Transcendental Meditation Sidhi Programme, an advanced programme of Transcendental Meditation, which includes the 'Yogic Flying' technique. The Transcendental Meditation Sidhi Programme may be learned after two months of regular practice of the Transcendental Meditation Technique. Practice of the Transcendental Meditation Sidhi Programme accelerates the progress of the individual towards realizing the full potential of consciousness—the state of enlightenment.

The Transcendental Meditation Technique opens the awareness to Transcendental Consciousness, the Unified Field of Natural Law, which is the basis of everyone's awareness. The Transcendental Meditation Sidhi Programme cultures the ability to think and act from this level. By learning to function from this self-referral state of pure consciousness, which is the total potential of Natural Law, the mind gains increasing support of Nature (fulfilment of desires). With the Transcendental Meditation Sidhi Programme, thought and action spontaneously become more in accord with the evolutionary power of Natural Law. This results in greater skill in action: the ability to fulfil one's desires naturally, while effortlessly promoting the evolution of everyone and everything.

### • EEG coherence during the Yogic Flying technique

During the first stage of Yogic Flying, the body lifts up and moves forward in short hops. Subjectively one experiences exhilaration, lightness, and bliss. EEG studies show that during this practice, at the moment the body lifts up, coherence is maximum in brain wave activity.

This optimum coherence in brain functioning supports perfect mind/body co-ordination which is expressed by Yogic Flying. When Yogic Flying is practised in groups, this influence of coherence spreads throughout the environment, reducing negative tendencies and promoting positive, harmonious trends in the whole society.

### • Benefits of Yogic Flying—practical, holistic, and scientifically validated

More than 240,000 people have learned the Transcendental Meditation Sidhi Programme. Like the Transcendental Meditation technique, its benefits are practical, holistic, and scientifically validated. Individuals who have learned the Transcendental Meditation Sidhi Programme often comment that it accelerates the benefits of the Transcendental Meditation Programme, improving health, increasing happiness, and enhancing one's ability to gain support from the environment in fulfilling desires.

#### • Yogic Flying creates peace in the individual and society

When the Transcendental Meditation Sidhi Programme is practised in groups, it further enhances the benefits to the individual and at the same time benefits society as a whole. To date, 60 projects and 23 published scientific research studies have shown that even a small number of individuals—approximately the square root of one per cent of the population—practising this programme together in one place generates a powerful influence of coherence in the collective consciousness of the whole population. Studies have shown reduced crime, sickness and accident rates, as well as decreased international conflict and social turbulence. This phenomenon is called the *Maharishi Effect* in honour of His Holiness Maharishi Mahesh Yogi, who predicted it forty years ago.

#### World Peace Assemblies create global effects

Since 1978, Maharishi has held numerous 'World Peace Assemblies' of experts in his Vedic Technology of Consciousness to create greater coherence and harmony in world consciousness through group practice of Yogic Flying. Scientific research utilizing time series analysis showed that during three experimental periods, in Iowa, USA, Holland, and Washington, DC, when the number of experts in the Transcendental Meditation and Transcendental Meditation Sidhi Programmes approached or surpassed 7,000 (approximately the square root of one percent of the world's population at that time), there were significant global reductions in international conflicts as measured by

content analysis of major newspapers. In addition, statistics from an independent database showed that casualties and fatalities due to international terrorism decreased by 72 percent during the assemblies.

### • International University of World Peace established

With the success of Maharishi's Vedic Science and Technology in bringing peace to the lives of millions of people all over the world and having demonstrated its effectiveness in creating greater peace and harmony in areas of conflict, an international university of world peace is being established in the Netherlands to have campuses in every nation on earth.

Maharishi International University of World Peace will train the leaders and citizens of every nation to create and maintain peace in their countries and in the family of nations. This university will offer complete education, which means total education to spontaneously maintain the liveliness of Unity in diversity and diversity in Unity in practical daily life. That means the essential knowledge of the physical sciences and the Science of Consciousness. Maharishi International University of World Peace will develop a perfect individual who will always use his total brain potential and will not make mistakes in view of the evolutionary nature of Natural Law that governs the universe with perfect order.

Maharishi International University of World Peace will teach the students Total Natural Law, the Constitution of the Universe, which is available in the ancient Veda and Veda Literature. The Constitution of the Universe-Total Natural Law, is one administrative policy of the creator. He who has created the universe has created the administrative policy. There is one Constitution of the Universe, and the brilliance of this constitution is held in one point: 'As you sow so shall you reap.'—one grand eternal law of nature. There are different aspects of that law. '<u>As</u> you sow...' That means you can do a thing in many ways, and you will get exact results from this law in all ways. 'As you saw, so shall you reap'.

Maharishi University of World Peace will teach this cosmic law to students and stabilize it in their awareness so they always spontaneously think only right, only in the evolutionary direction. The university will train the students in the habit of not deviating from the path of evolution. That is the main objective of education in the University of World Peace. There will be periods of theoretical knowledge about consciousness and practical experience of consciousness—alternating every day in the classes. The theory of administration of the universe is taught in reference to different disciplines of modern science, arts and commerce. Experience of consciousness is taught from the most ancient record of human experience as is available in the Veda, which has been recognized as the common heritage of all mankind by UNESCO.

Note: The ancient Veda is mankind's oldest record of knowledge and contains a complete understanding of the underlying field of unity at the basis of the diverse creation. This field of unity has been discovered today by modern science in the Unified

Field theories of Quantum Physics, but complete knowledge of this universal field of intelligence at the basis of all creation has been available in the Veda for millennia. In this scientific age, Maharishi has brought to light from the Veda the knowledge of how the Unified Field of intelligence gives rise to the Laws of Nature responsible for the creation and evolution of the universe. Moreover, Maharishi has restored the Vedic Science and Technology, a complete science of how the individual and society can live in perfect harmony with Natural Law, free from problems and suffering. Maharishi has brought to light from the Veda the practical technology of consciousness by which the individual and society can directly access and harness the underlying field of unity in Nature, in order to create greater unity and peace in the world.

The curricula of the university of world peace is now being fully developed by Maharishi together with leading scientists from every major discipline and will soon be available. Campuses of the university will be set up in different countries to provide courses and programmes and suitable teachings for different grades of knowledge, which are all about the Constitution of the Universe.

This University will have the faculties to train the youth to achieve success in any field they would like to engage themselves in for their national, social or international life. Success in every field is gained on the basis of total theoretical and practical knowledge of Natural Law and this our main field of teaching, along with practising the technology of Natural Law for success and fulfilment in any career that the students may choose to engage themselves in during their life. Courses will begin as soon as facilities are constructed in each country. (For further information please see the publication 'Maharishi University of World Peace-Introduction into its Basic Themes of Knowledge and Its Unique Consciousness-Based Education'.)

### • Global Country of World Peace created to unite family of nations in permanent peace

The success of the educational, health and social welfare programmes of Maharishi's worldwide Transcendental Meditation Movement over the past fifty years have led to the creation of a Global Country of World Peace, encompassing all peace-loving nations and people of the world. The Global Country of World Peace was conceived and founded by Maharishi in the year 2000 to provide a global home for peace-loving people everywhere. A country without borders, its purpose is, in part, to reduce the divisive influence of nationalism and national borders, which arbitrarily separate humanity from humanity. The Global Country of World Peace brings to fulfilment the Vedic quote that says: '*Vasudhaiva kutumbakam*' — '*The world is my family*.' – Upanishad

The establishment of the Global Country of World Peace is absolutely essential for the world today, when time demands the rise of a peaceful power on Earth with such global strength that destructive forces will vanish.

The Global Country of World Peace will establish permanent world peace by raising the quality of life of every individual to complete fulfilment and affluence in enlightenment.

The Global Country of World Peace will establish a Global Administration through Natural Law by enlivening the nourishing evolutionary power of Natural Law in the life of every individual and in the collective consciousness of the whole world.

The Global Country of World Peace has sovereignty in the domain of consciousness, authority in the invincible power of Natural Law, and a parental role in the family of nations.

The Global Country of World Peace will bring true sovereignty to every nation—by supporting every national constitution with the truly self-sufficient, invincible, and supreme level of the ever-nourishing authority of the Unified Field of Natural Law—the Veda and Vedic Literature—the Constitution of the Universe. (For further information on the Global Country of World Peace got to website www.globalcountry.org)

### • New system of administration based on the Constitution of the Universe - Total Natural Law to bring fulfilment to all governments

The administration of the Global Country of World Peace is based, not on man-made law, but on Natural Law, the vast organizing intelligence that governs the universe, with perfect order and without problems. Thus, the Global Country of World Peace is founded upon a new system of administration, based on the most up-to-date understanding of the Laws of Nature - Nature's Government - from the combined standpoints of modern science and Maharishi's Vedic Science of Consciousness. The administration of the Global Government of World Peace will awaken the Cosmic potential of every human being as the unbounded ocean of peace, harmony and unity, and organize groups of peace-creating professionals to create an integrated, harmonious collective consciousness in every country and in the world as a whole.

#### • Discovery of the Constitution of the Universe

The Global Country of World Peace was founded on the basis of the discovery of the Constitution of the Universe by Maharishi in the Veda and Vedic Literature. The Constitution of the Universe is Total Natural Law present in every grain of creation and in the Transcendental Consciousness of every human being. The Constitution of the Universe administers the creation and evolution of everyone and everything. The Constitution of the Universe has been glimpsed by modern science today in the discovery of the Unified Field of Natural Law, but it has been preserved in the ancient Veda and Vedic Literature since time immemorial. Moreover, the Constitution of the Universe is available to everyone in the Transcendental Field of Nature's Intelligence within one's own self-referral consciousness. Maharishi's Vedic Science and Technology of Consciousness provides the practical means whereby everyone can unfold this Cosmic Intelligence within themselves. This will raise the individual to his Cosmic status and render all his thoughts and actions in perfect accord with Total

Natural Law - the Will of God. Such individuals will be enlightened citizens of our world family, always living in the light of the Constitution of the Universe, the Light of God and will live free from mistakes and sufferings. They will truly be 'Global Citizens' capable of fulfilling their own aspirations while simultaneously fulfilling the aspirations and needs of all mankind.

### • Human Brain Physiology contains total intelligence of nature

In 1995 Professor Tony Nader, MD, PhD, discovered in his research in physiology that the structure and function of every aspect of human physiology mirrors exactly the structure and function of the Constitution of the Universe-the Veda and Vedic Literature. Professor Nader's historic research revealed that the brain physiology of everyone has within its' structure the Cosmic Intelligence of the Universe and that the structure and function of every individual's entire physiology contains the totality of Natural Law.

For his historic discovery, under Maharishi's guidance, of the Constitution of the Universe—the Veda and Vedic Literature at the basis of the human physiology, Professor Nader was awarded his weight in gold in 1998. This award from Maharishi Vedic University of Holland was bestowed in the presence of His Holiness Maharishi Mahesh Yogi, the greatest scientific genius in the field of consciousness, who has opened the gate of enlightenment to millions throughout the world.

### • First Ruler of Global Country of World Peace

On 12 October 2000 Professor Nader was crowned, by Maharishi, as Maharaja Nader Raam, First Ruler of the Global Country of World Peace in honour of this supreme scientific discovery that the human physiology is 'Cosmic'—the sun, moon, planets, and stars are the cosmic counterparts of the human physiology—and Veda and Vedic Literature, the structure and function of Natural Law, are at the basis of human physiology. Through this discovery, the cosmic potential of human life can become a living reality for everyone.

With this discovery, the inner intelligence of the body can now be fully evolved: stress, strain, sickness, and disease can be disallowed. The real cosmic nature of the individual can now blossom. There will be an end to all suffering and problems in society and in government—automatically life everywhere will be Heaven on Earth.

Maharaja Nader Raam's discovery has made it possible for human beings to realize their cosmic potential, and has opened a new highway to perfection for human life. Therefore, his discovery is the supreme achievement in the history of science.

## • Administrators of Global Peace Government trained-5,000 Peace Palaces to be established throughout the world

Maharaja Nader Raam is now training, under Maharishi's guidance, administrators-Rajas- of the Global Country of World Peace, to establish administration through Natural Law in every part of the world. These Rajas are establishing 5,000 centres of administration - Peace Palaces - throughout the globe, in the largest cities of the world. These Peace Palaces will be the lighthouses of Total Knowledge of Natural Law for the community and will house professional 'peace-creators' to maintain peace and harmony in all parts of the world, through the group practice of Maharishi's Vedic Science and Technology of Consciousness—the Transcendental Meditation and Transcendental Meditation Sidhi Programme, including Yogic Flying.

## • Global Poverty Removal Programme to utilize unused lands in developing countries for organic agriculture

A major focus of the Global Country of World Peace is the implementation of its Poverty-Removal Programme developed by Maharishi to raise the standard of living of the world's poorest people. Maharishi has often stated that world peace can only become a permanent living reality when poverty is effaced from the world and everyone lives in adundance and fulfilment. The reality is that the there exists in the world all the resources needed to eliminate poverty. There are hundreds of millions of hectares of unused lands, especially in the poorer nations of the world, that can be developed to provide healthy, nourishing food to the world through organic agricultural farming and thereby provide greater income to families in those countries. In every country today, the food supply and existing agricultural lands have become contaminated with poisonous chemicals from fertilizers and pesticides. As a result, the whole world's population is falling sick from this contaminated food. Maharishi's Poverty Removal Programme will engage the unused lands and unused hands in every nation to implement an agricultural programme that will utilize Vedic Organic Farming-agriculture based on Total Natural Law to create a new source of pure, healthy and nourishing food for the world.

To implement this agricultural programme the Global Country of World Peace has launched a new 'Global Development Currency' – the 'Raam', which will provide every nation with the means to implement Maharishi's Poverty Removal Programme quickly and easily. (For further information about the Poverty Removal Programme please go to website <u>www.poverty-removal.org</u> and for information on the Global Development Currency-the Raam, please visit <u>www.globalcountry.org</u>)

### • Reconstruction of the world in accord with the Constitution of the Universe-Total Natural Law

Maharishi recently has stated that for peace to be permanent on earth, the whole world needs to be reconstructed in accordance with Total Natural Law-the Constitution of the Universe.

The principles of building in accordance with Natural Law, *Vastu Vidya*—aligning any building with the evolutionary power of Natural Law—comes from the ancient Vedic Literature-the Constitution of the Universe. This is the Science and Technology of Consciousness, the supreme structuring dynamics of creation, which maintains every particle of matter, everything in creation, in perfect harmony with everything else, and thereby maintains eternal order in the ever-expanding, ever-evolving Universe.

Maharishi Sthapatya Veda design is one of the forty areas of Maharishi's Vedic Science that details the laws of structuring, so that structurally and functionally man's creation (residence and work place) is naturally in harmony with Nature's creation—the creation of Natural Law. Every humanly designed, man-made structure should conform to the Natural Laws of structuring if that structure is to be in harmony with the structure of the Universe—the expression of Cosmic Intelligence.

Vedic city planning uses the principles of auspicious *Vastu*. Any city properly designed does not allow entry of negative influences from outside. This knowledge should be in every system of planning, so that the city is saved from negative influences. If the city is invincible, then the mayor will be invincible in his city. Nothing wrong will come from outside and nothing wrong will spring up from inside, and the full evolutionary support of Natural Law will be spontaneously available to everyone. The Global Country of World Peace has undertaken a global programme with builders of every nation to reconstruct the villages, towns and cities according to the Constitution of the Universe, so that everyone lives in healthy, fortune promoting homes and enjoys the full support of Natural law in daily life.

Listed below is a sample of buildings of the Global Country of World Peace, which have been the first examples of Vedic Architecture in harmony with Total Natural Law.

Maharishi Vedic City, Iowa, USA: 56,000 square metres of construction built or underway

Maharishi University of Management, Iowa, USA: 46,000 square metres of new construction built or underway

Capital of the Global Country of World Peace, MERU, the Netherlands: Office and Residential Complex: 17,000 square metres of new construction built or underway

Maharishi Research Institute of Japan, Nasu, Japan: 4,800 square metres of

#### construction built

For further information on the Global Reconstruction Programme go to website **www.globalreconstruction.org**.

### • Global Parliament of World Peace—creation of a 'Real United Nations'

Maharishi's aspiration has always been to establish a 'Real' United Nations whose actions will be in full accord with the Constitution of the Universe and will be peacefully raising the status of every sovereign nation to quiet invincibility. Otherwise, in a true sense, the sovereignty of every nation is a meaningless word depending on the good will of others.

Any government that has its identity associated with geography and time cannot be expected to be free from the jerks and jolts of differences in space and time. Therefore, if a government is to be free from these varying moods of space and time, then that government has to be a conceptual government—a government which is the embodiment of total knowledge and infinite organizing power and thereby able to put all levels of life always in the state of fulfilment.

Such a government has been conceived as a Global Government of World Peace. It's a concept of a government to implement the reality of cosmic law, which is evolutionary for everyone and everything at all times. Such a government has to be functional—as the government of Natural Law is invincibly, effectively, functional all over the universe at all times, without being embarrassed by being particularly influenced by changing moods of different places at different times.

Maharishi's Global Government of World Peace is the embodiment, or a unit, of such a global government of the universe. It is on the level of the global government of the universe, and is administered by the field of pure knowledge, which is the reality of global administration, the administration of the universe, administered by the global Constitution of Natural Law—invincibly administering everything at all times by being everywhere at all times.

This brings a new dimension of government and offers a new dimension to administration creating a perfect government for all times, suitable for every place, so life everywhere is in bliss, fulfilment, freedom and invincibility; and for us to have a practical example of such a government we have the government of the universe, which governs the infinite diversity of the ever expanding universe with perfect order.

The existence of the Global Government of World Peace is conceptual in the sense that it can be brought to the field of human concepts—it can be understood by human intellect while still maintaining its existence and function in the unmanifest field at the basis of all life, the transcendental field of consciousness; but its performance is practical, invincible and without any influence from anywhere. Its nature is absolute sovereignty in itself. It is invincible freedom. It is invincibility in itself, the field of pure knowledge—total knowledge, the omnipresent, omniscient, omnipotent ruler of the universe, the Constitution of the Universe.

The Global Government of World Peace is the embodiment of the government of the universe and now we are establishing this administration through Maharishi's Global Country of World Peace and its Parliaments of World Peace. Maharishi founded the Parliament of World Peace in 2004, and the first global Parliament of World Peace was held on the Vijaya Dashami Day, the auspicious Victory Day in 2005 in the most ancient calendar—the Vedic Calendar. Seven Parliaments of World Peace were held on the same 'Victory Day' on 12 October 2005:

- in the land of the rising sun for North America, the Maharishi Island of World Peace Parliament (George and Piscataqui islands, off the coast of Nova Scotia, Canada);
- 2) in Maharishi Vedic City of Vedic America;
- 3) in Eternal Spring, the Parliament of World Peace for Latin America,
- 4) in Vedic India;
- 5) in the tallest point of Holland—the meeting point of Holland Belgium and Germany, on this land of knowledge celebrated as the seat of the Maharishi Vedic University of World Peace and the Maharishi Capital of the Global Country of World Peace;
- 6) in the Spiritual Center of the Land of the Rising Sun, Japan—a branch of the Maharishi Research Institute of Vedic Japan; and
- 7) in Bangkok, Thailand.

These Parliaments presented the Constitution of the Universe to the world and the training programme for every country to have the politicians and administrators of the world trained in this absolute system of administration, under the parental role of the global administration, where suffering and problems belong to no one and peace, harmony, happiness, and fulfilment dominate the daily life of the people everywhere.

Subsequently, Maharishi convened Parliaments of World Peace from February to March 2006, held simultaneously in the Brahmasthan, geographical centre of India, and MERU, Holland, and broadcast throughout the world. Year after year sessions continue to be held.

**Invincibility to every nation**. Our dear world will be a beautiful mosaic of differences. The word 'united nations' will be a significant word. The pursuit of science will arrive at its supreme goal. This will be the fulfilment of the wise of all ages who have been striving for all peace and all good to mankind. Through science, art and all pursuits of life, life will be as it has always been desired by the wise—in the Light of God.